



# Norview News

April 2024

## Solar Eclipse

A total solar eclipse will be occurring on Monday, April 8<sup>th</sup>. A total solar eclipse occurs when the moon passes directly between the sun and the earth, completely blocking out the sun's light. A total eclipse can only be viewed along a narrow strip, called the path of totality.

In Norfolk County, the eclipse will start around 2:00 p.m. and end just after 4:31 p.m., with the total eclipse lasting approximately 3 minutes. Peak time will be around 3:18 p.m. It is not safe to look at the sun without approved eye protection at any time. Looking at even a small sliver before or after the eclipse without eye protection can be harmful to your vision. Do not look at the sun without eye protection from 2:00 p.m. to 4:31 p.m.

Visit our website for more information about the solar eclipse and how to safely view it at [hnhu.org/Solar-Eclipse-2024](https://hnhu.org/Solar-Eclipse-2024).

## Electrical Inspections

All permitted electrical items (radios, televisions, lamps, etc.) must be inspected by Norview Lodge's Facilities Services staff before being used. Once inspected, a sticker will be placed on the item to indicate it has been checked and is safe.

## Outside Food Items

Many of our Residents and their families enjoy food or snacks (non-perishable and perishable) prepared at home and/or purchased.

We ask that all such items be checked with the registered staff on the resident home area and be in conformity with the Resident's specified diet.

Non-perishable (shelf stable food item) food items are not to be excessive to prevent accumulation in the Resident's room.

If you are bringing in a perishable (non-shelf stable food item) food item such as, a hot meal, we ask that it is a single serving portion that can be given to the Resident that day.

## Swimming Program

April and all the rain that comes with it seems like a good time to highlight one of the more unique Resident programs offered by Norview Lodge. The swim program is a highlight of the warmer months for a small group of Residents.

Once a month, the therapy and activity departments work together to take a group of 5-6 Residents that have been assessed for the swimming program to the Annaleise Carr Aquatic Center in Simcoe.

The pool is fitted with mechanical lifts to help any Residents that may need it to dive right in. Once in the water, Residents are provided with one on one assistance to float, walk, move themselves around in the water, perform various exercises standing at the wall and most of all have fun.

Keep an eye out here for exciting programs coming this summer!

Here's hoping those April Showers will bring some May Flowers.

# Welcome

Evelyn B.  
Bertha C.  
Bill H.  
Phil L.  
Gary S.  
Marion W.



# Happy Birthday

Betty B.  
Annemarie B.  
Wally B.  
Anita C.  
Karl H.  
Marian H.  
Olive H.  
Doris K.  
Jeanne L.  
Beverly M.  
Fred M.  
Pat M.  
Chandru N.  
Linda R.  
Hilda S.  
Lena S.  
Claire S.



# In Memoriam

John A.  
Bridget B.  
Amandus B.  
Jacqui B.  
Wilf C.  
Jeanie R.  
Don S.  
Ken S.  
Ruth S.  
Michelle W.



# Rate Reductions

As we approach the end of tax season that marks the beginning of Rate Reduction season.

For those Residents whose income is less than the threshold of \$25,629.84 please provide Pam Bonnett, Coordinator, Business Services, with a copy of their 2023 Notice of Assessment and fill out a Rate Reduction Application. There are blank applications located at the main office. If you have difficulties filling out the form, please feel free to contact Pam at ext. 4223 or Pam.Bonnett@norfolkcounty.ca.

The deadline for application submissions is May 31, 2024.

# Masking & Respiratory Etiquette

As of March 4, 2024 the Ministry of Health reported recent trends have shown continued decreases in community level transmission of COVID-19, flu and RSV, as well as decreases in outbreaks in LTCHs, with lower risk of severe illness and hospitalization amongst Residents, and increased vaccination rates. While outbreaks can still be expected, we anticipate entering a lower risk period of respiratory illness than we have experienced over the past three months.

## Masking

- Masking is recommended but not mandatory
- In outbreak situations, or if a Resident is on Additional Precautions, all individuals are required to comply with masking and other personal protective equipment
- Visitors who prefer to wear a mask beyond minimum requirements may continue to do so. Masks will continue to be provided
- POA or Substitute decision makers, may request that a staff member wear a mask when providing care in alignment with the Residents' Bill of Rights, including the right to participate fully in making any decisions concerning any aspect of their care

## Mask Etiquette

- Clean hands before putting on your mask
- Avoid touching your face and the outside of your mask
- Clean hands before touching your face and if you touch the outside of your mask
- Avoid hanging your mask under your chin
- Double masking is not advised

## Respiratory Hygiene/Cough Etiquette

The following measures to contain respiratory secretions are recommended for all individuals:

- Avoid touching eyes, nose, and mouth
- Cover your mouth and nose with a tissue when coughing or sneezing
- Use in the nearest waste receptacle to dispose of tissue after use
- If you don't have a tissue, cough or sneeze into your upper sleeve or elbow, not your hands
- Perform hand hygiene (i.e., hand washing with non-antimicrobial soap and water, alcohol-base hand rub, or antiseptic hand wash) after contact with respiratory secretions and contaminated objects/materials