



# Norview News

January 2024

## Nurse Practitioner

Norview Lodge is pleased to announce that we have hired a Nurse Practitioner for our home through the Hiring More Nurse Practitioners (HMNP) for Long-Term Care program. Laura Castles, RN-EC, has started her position as of January 2, 2024. Please join us in welcoming Laura!

## Spiritual Services

Individual community ministries are encouraged to visit Residents at Norview Lodge. Non-denominational church services and religion-specific services are available to all Residents on-site throughout the month.

## Hand Hygiene

The best prevention of the spread of infection and COVID-19 is with proper hand hygiene. We encourage staff, Residents and family members to perform hand hygiene, before and after visiting with each Resident. Norview Lodge has adopted the "Just Clean Your Hands" program. Alcohol-based hand rub is available from dispensers located in each Resident's room and throughout the home. We encourage use of this product when soap and water is not readily available.

## Business Services

We are wishing Cathy Bishop, Supervisor, Business Services, all the best as she has now retired from Norview Lodge as of December 29, 2023. We thank Cathy for her time and dedication to all of the residents and their families at Norview Lodge.

With this, we welcome Pam Bonnett who will be taking over this role as the Coordinator, Business Services. Pam has come to us with her wealth of knowledge and many years of experience from Grandview Lodge. Please join us in welcoming Pam!

## Happy New Year

January tends to be when the "Winter Blues" start to settle in, during the dark, cold months after packing up the decorations and being cooped up in the house.

The Recreation and Therapy Departments help residents combat these "Winter Blues" by offering physically, socially, cognitively, and emotionally fulfilling activities daily.

Getting out of the house and staying physically active is important during the winter months. Residents have the opportunity to partake in various bus outings such as, Indoor Walking at the Senior's Center, Country Drives, trips to the Norfolk County Public Library, Whitehorse Bowling Alley, etc. As well, exercise classes are offered on individual home areas weekly and are suited for all abilities.

Residents stay socially and emotionally engaged through programs offered in the home such as, special meal programs, tea parties, musical entertainment, art club, pet therapy, etc. as well as, one-to-one visits and activities daily.

Stay tuned for all the programs to come in 2024!

# Welcome

Patricia G.  
Karl H.



# Happy Birthday

Yvonne B.  
Donna B.  
Lois C.  
Elaine G.  
Mabel H.  
Si Chang J.  
Mary L.  
Hazel M.  
Gloria P.  
Tekla P.  
Doreen S.  
Bob S.  
Audrey S.  
Don S.  
Konrad T.  
George T.



# In Memoriam

Henry E.  
Ruth H.  
Arnold J.  
Liz M.  
Pat W.



# Dignity Walk

Residents in the final stages of life deserve comfort and care with dignity and respect. A person who is treated with dignity during life should also be treated with dignity after death. To reinforce this belief, we provide a dignity walk for our deceased Residents.

With the permission of the family, the staff of Norview Lodge, in partnership with the funeral home of choice, will cover the Resident with a dignity quilt for their final passage from the home. Family members may choose one of our dignity quilts.

The dignity walk is announced so that staff and Residents throughout the home may participate. Family members are invited to walk with staff and Residents as they accompany the deceased Resident from their Resident home area to the front entrance. Once again, with the permission of the family, a dignity poem is read prior to the final exit from the home.

# Masking Update & Outbreaks

As of December 21, 2023, we have shifted to Universal Masking within the home for all staff, visitors, essential caregivers, students, volunteers, and support workers.

Visitors and essential caregivers are required to mask within the home at all times except when sharing a meal/eating/drinking with a resident in their private room or in the designated space (ie. Activity room, Boardroom, Gathering Place).

Therefore visitors/families/caregivers can no longer share a meal and/or drink in the communal spaces within the home.

There are times that Norview Lodge, in consultation with Public Health, must declare an Outbreak. Norview Lodge will initiate Infection Prevention and Control risk reduction measures for all Residents and staff and will work closely with Public Health during the Outbreak period.

Outbreak information will be relayed to the public by notices located on entrance doors and an update will be shared on our website.

Please note that during an Outbreak, essential caregivers are the only visitors who can visit Residents on droplet/contact precautions except when a Resident is end of life; in this case there are no restrictions to visitors. Any visitor who may be visiting a Resident on droplet/contact precautions must wear the appropriate PPE. There is no limit to the number of caregivers that can visit a resident.

If you would like to be considered as an essential caregiver, please reach out to the Social Worker or the Supervisor, Programs and Volunteer Services.