



Norview News

November 2023

Gathering Place

The Gathering Place is available for Residents to book for birthdays, holidays, or any other special occasions. Please see Reception to complete your booking and sign the form.

Clothing

Cooler weather is approaching and it is time to switch to our winter wardrobes! This may also be a great opportunity to go through and discard any ill-fitting or worn clothing.

Hair Care

Our Hairdresser is available Tuesday-Friday from 9:00am – 4:00pm. To book an appointment please connect with the Hairdresser. Interested in hair care and not set up? Please see Reception for more information.

Food from Home

Many of our Residents enjoy food or snacks prepared at home. We all ask that all items be in conformity with the Resident's specified diet and not be excessive so food does not accumulate in the Resident's room. Please put all food items in sealed containers and labelled with the Resident's name and date.

Meaningful Visits

Whether you are visiting someone every day or when you can, making the most of your time together will result in a more meaningful visit for both of you. Here are some helpful tips:

1. Find out the best time of day to visit.
2. Turn off background noise such as televisions or radios.
3. Play a game, join in on a program, or work on something together as a way to connect. Some examples of this could be completing a puzzle, reading aloud the newspaper, making a scrapbook, or labelling photographs.
4. Take your visit outside to get the benefits of fresh air and exercise.
5. Ask your loved one what they would like to do during your visit. This provides them with autonomy and respecting their independence.

Visits may look different each time and some may be less active than others. Not all communication is verbal and quiet time together can be just as meaningful.

Items Not Allowed

Please note that the following items cannot be brought into the home due to safety and hygienic reasons:

Refrigerators, floor mats, curtains, feather pillows/duvets, dehumidifiers, humidifiers (Doctor's orders only), portable air conditioners (Doctor's orders only), space heaters, air filters/fresheners of any kind, electric blankets and/or electric heating pads, etc.

Welcome

Dianne S.
Arnold J.
Angie W.



Happy Birthday

Newton A.
Kay A.
Richard A.
Brenda C.
Bob D.
Ed D.
Doug M.
Jim S.
Phil S.

A very special **101st birthday** to Stella M. and **102nd birthday** to Clara D.



In Memoriam

Ray G.
John P.



Christmas Bazaar, Food Drive, and Welcome Back

On November 23rd, come on out and shop at the Norview Lodge Christmas Bazaar from 10:00am – 2:00pm in the Great Room. Featuring, Cheers Norfolk, Epicure, Tupperware, Jams & Jellies, Norwax, Scentsy, Resident Bake Sale, and more!

Food Drive! Starting November 1st, we will be collecting various items for the Simcoe Caring Cupboard until November 30th.

If 500 items are brought in, Bill Nolan, Administrator will receive a pie in the face at 2:00pm on November 30th in the Great Room!

Donation boxes are located in the Great Room at the front entrance and non-perishable items accepted include, canned goods, cereal, granola bars, peanut butter/jam, etc. as well as hygiene items such as, shampoo, toothpaste, toothbrushes, feminine products, etc.

Finally, the Residents would like to say a huge welcome back to Norview Lodge's 17 passenger mini bus after a period of rest and relaxation. Bus outings provided through the winter months include, visits to the Norfolk County Public Library, Indoor walking at the Rec Center Arena, Country Drives, Shopping at Walmart, Daycare Visits, and more (weather permitting).

Vaccine Update

Getting vaccinated and staying up to date with your COVID-19 and influenza vaccines is the best way to prevent severe outcomes, including hospitalization and death due to viral respiratory infections. Norview Lodge will launch the COVID-19 booster campaign in November.

In addition, Ontario is also rolling out its first publicly funded vaccination program of the first Health Canada approved RSV vaccine Arexvy for those 60 years and older living in long-term care homes, Elder Care Lodges, and for some retirement home residents.

Additional information will be provided as it becomes available.

This vaccine is expected to arrive starting mid-October and should be given at least 14 days after other vaccines, including the flu and COVID-19 vaccines.