

Norview News



ANNOUNCEMENTS

It is with great excitement that we introduce our first edition of the Norview News. We are

delighted to be able to share with everyone what is

happening at Norview Lodge and to do it in a safe and engaging way. These past many months have demonstrated to us the importance of staying connected not only with our families, friends but also our community members who always had us in their thoughts. The continued outpouring of support and encouragement has been nothing less than extraordinary and we truly appreciate everyone's kind words. We want to use this platform to provide a monthly update about Norview Lodge and we will be encouraging the participation of both staff and Residents in the creation of this newsletter. **#NorviewStrong**

WHAT'S NEW

We are entering into 2021 and leaving 2020 behind; we continue with our ongoing measures to protect our Residents and staff by following all directives and guidelines from the Ontario Ministry of Health, Public Health Ontario and our Haldimand-Norfolk Health Unit.

Adaptability is a term that we have used frequently in 2020 and from a programming perspective this has allowed for the creation of new and engaging programs. The Recreation Therapists create a monthly calendar based on the programming desires of the twenty two residents living in each of the eight home areas. These monthly calendars are posted in the home areas and on the Norfolk County website within the Norview Lodge section. This newsletter is an opportunity for us to share a broader description of some of these programs along with a few pictures. All programs are facilitated with the utmost care in adhering to infection control protocols.

HIGHLIGHTS

We consider it a privilege to get to know and care for 179 Residents at Norview Lodge. Each Resident brings a wealth of knowledge and life experience with them and we wanted to highlight a Resident each month so, you can get to know them like we do. Our Resident this month is Alex Kannawin; Alex is from Norfolk County and he owned and operated Alex Auto Body in Port Dover for over 31 years. Alex resides in Poplar Heights which is one of our eight home areas and Alex has lived here for just over a year.

Alex is an absolute pleasure to be around and keeps busy by participating in his many hobbies. He is a well-known musician in the community and equally enjoys painting and needle point, which is on display in Poplar Heights. His sense of humor is a delight to witness and he is so kind to his fellow Residents and staff. Alex has continued to stay positive not only through this challenging time with COVID-19, but he has had to overcome his own health issues over the last few months. Alex's optimistic attitude has never wavered and he is an inspiration to all of us. We are so fortunate to learn from Alex every day and grateful to know him.



THE FACES OF NORVIEW



PH Painting 2020B

The beginning stages of the Santa Pants project with the painting of the pots (the pants).



Christmas 2020

The Christmas Fair brought together Residents who enjoyed the musical stylings of Dolly and Loretta.



Christmas 2020B

Recreation staff members Jayne and Krystal, aka Dolly and Loretta, providing entertainment for the Christmas Fair.

“MUSIC EXPRESSES THAT WHICH CANNOT BE PUT INTO WORDS” – VICTOR HUGO

What a simple statement, but powerful one. Music is incorporated into programming on a daily basis because it is a universal language that is understood by everyone. It creates an atmosphere, a topic of conversation and an outlet for further musical engagement.

Drum Circle is a favorite among the variety of musical programs that occur at Norview Lodge. It is a very interactive program where each Resident is provided with their own drum, shaker and/or sticks. The program will begin with a Recreation Therapist taking the lead in instructing the participants in some warm up exercises which will be followed by a series of drum beats. The program lasts for approximately one hour with the first half an hour focusing on drum beats and the last, participants will sing their favorite songs.

CHRISTMAS FAIR

We generally hear about Fairs occurring during the fall months and we did have a Norview Fair in October. It was received so well by the residents and staff that it was decided to keep the program going and adapt it to a Christmas Fair in November.

There were similar events provided such as; the musical stylings of Dolly and Loretta, Christmas decorations, a Holiday Photo Booth and games. The Fair occurred all day with each home area coming separately between the hours of 9:00am-3:00pm. The music and laughter could be heard throughout the home

GETTING CRAFTY

You often hear amongst community members: “We have so many talented people that reside here in Norfolk County”. That definitely rings true not only with the Residents, but with staff at Norview Lodge. We have many beautiful paintings that adorn the walls at Norview that were created by both residents and staff. It is so important to continue to be creative and to also be able to share your abilities with others and this is where our artistic programs provide an outlet for residents. A recent program called “Santa Pants” brought Residents together to share in their common interest of painting.