

July 2026 Spruce Court Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Programs are subject to change.	Exercise calendars are posted in the Resident home area.	One to One visit happens when Recreation is present.	July 1	July 2	July 3 10:00 Relaxation 1:30 Country Drive	July 4 8:00 Breakfast 10:30 Snoezelen 1:30 Social
July 5 10:00 Hymn Sing 1:30 Name Ten	July 6	July 7 1:30 Bird Watching 6:00 Name that Tune	July 8 9:30 Table Games 2:00 Music with Terry	July 9 10:00 Daycare Visits 1:30 Sing a Long	July 10 9:00 to 11:00 Café 2:00 Music with Angie	July 11
July 12	July 13 10:00 Bingo 1:30 Card making	July 14 10:00 Trivia 2:00 United Church Service	July 15 2:00 Music with Jeff	July 16 10:30 Roman Catholic Mass	July 17	July 18
July 19 9:30 Hymn Sing 2:00 Euchre	July 20 9:30 Gentle Therapy 2:00 Bingo	July 21 9:30 Sing a Long 1:30 Ice Cream Social	July 22 9:30 Outdoor walks 2:00 Choir	July 23 9:15 Country Drive 1:30 Bowling	July 24 9:30 Bell Choir 1:30 Patio Social	July 25
July 26	July 27 10:00 Bingo 1:30 Sing a Long	July 28 9:30 Gentle Therapy 2:00 Social	July 29 10:00 Games 2:00 Elvis	July 30	July 31 10:00 Physical Game 2:00 Crosswords	Spruce Court Recreation Therapist is Krystal Warman