

September 2025 Spruce Court Activities with Krystal and Pam

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Happy Labour Day	2 1:00 physical game 2:00 Name that tune 6:00 Paint Night	3 9:30 Name 10 1:30 Slushies 6:15 Campfire	4 9:30 Trivia 1:30 Sing a Long	5 10:00 BBQ set up 12:00 BBQ 2:00 Sensory Stim	6
7	8 9:30 Table Games 1:00 Pie making 2:00 Bingo with Pam	9 10:00 History 1:00 Physical game 2:00 United church	10 9:30 Fair Games 2:00 Music with Country Sugar	11 9:30 Food Committee 9:30 Crafts 2:00 Triple C Farm	12 9:00 Black Bridge Walk 1:30 Sing a Long	13 10:30 Snoezelen with Pam 1:30 Crafts with Pam
14	15 10:00 Choir 10:00 Bingo w Pam 1:15 Whole home Bowling	16 10:00 Games 1:00 Physical Games 2:00 Patio clean up	17 9:15 Country Drive 2:00 Lions Music	18 10:30 RC Mass	19 9:00 Baking 2:00 Birthday social	20
21	22 9:30 Manicures 10:00 Green Thumbs 2:00 Bingo 2:00 Choir	23 10:00 Name 10 2:00 Root beer Floats 2:00 Baptist Church	24 10:00 Bell Choir 2:00 Music with Elvis	25	26 9am till 11am- Café 2:00 You be the Judge with Pam	27 8:00 Breakfast Club 10:30 Sing a Long 1:30 Social
28 10:00 Hymn Sing 1:30 Sundaes on Sunday	29 10:00 Bingo with Pam 2:00 Painting with Pam	30	Exercise calendars are posted in resident home area	One to one visits happen throughout the day when recreation staff present		

