

Back to School Swimming

at the Annaleise Carr Aquatic Centre



Registration Opens: Wednesday, August 6 at 12 p.m.
Register online at NorfolkCounty.ca/ENCORE or by calling 519-426-5870 extension 2233#

Course Name	Days	Start	End	Time	Fee
Starfish (previously Squirts A) 4 to 12 months	Tuesday	September 2	September 23	10:20 - 10:50 a.m.	\$30.40
	Wednesday	September 3	October 1	10:30 - 11:00 a.m.	\$38.00
	Wednesday	September 3	October 1	2:45 - 3:15 p.m.	\$38.00
	Sunday	September 7	September 28	11:00 - 11:30 a.m.	\$30.40
SeaTurtle/ Sea Otter (previously Squirts B/C) 12 to 36 months	Wednesday	September 3	October 1	11:00 - 11:30 a.m.	\$38.00
	Wednesday	September 3	October 1	3:15 - 3:45 p.m	\$38.00
	Thursday	September 4	October 2	10:20 - 10:50 a.m.	\$38.00
	Sunday	September 7	September 28	11:30 a.m. - 12:00 p.m.	\$30.40
Guppy (previously Squirts D) 2 to 5 years	Tuesday and Thursday	September 9	October 2	5:00 - 5:30 p.m.	\$53.20
Preschool A 3 to 5 years	Tuesday and Thursday	September 9	October 2	5:30 - 6:00 p.m.	\$53.20
Preschool A/B 3 to 5 years	Tuesday and Thursday	September 9	October 2	5:45 - 6:15 p.m.	\$53.20
Preschool B 3 to 5 years	Tuesday and Thursday	September 9	October 2	6:00 - 6:30 p.m.	\$53.20
Preschool C 3 to 5 years	Tuesday and Thursday	September 9	October 2	4:30 - 5:00 p.m.	\$53.20
Preschool D/E 3 to 5 years	Tuesday and Thursday	September 9	October 2	4:30 - 5:00 p.m.	\$53.20
Private:Preschool A-E & Swimmer 1 3+ years	Tuesday and Thursday	September 9	October 2	4:30 - 5:00 p.m.	\$166.60
Private: Swimmer 3 or Higher 6+ years	Tuesday and Thursday	September 9	October 2	5:30 - 6:00 p.m.	\$166.60
	Tuesday and Thursday	September 9	October 2	6:00 - 6:30 p.m.	\$166.60
Swimmer 1 6+ years	Tuesday and Thursday	September 9	October 2	5:00 - 5:30 p.m.	\$60.00
	Tuesday and Thursday	September 9	October 2	5:15 - 5:45 p.m.	\$53.20
Swimmer 2 6+ years	Tuesday and Thursday	September 9	October 2	6:00 - 6:30 p.m.	\$53.20
Swimmer 3 6+ years	Tuesday and Thursday	September 9	October 2	4:30 - 5:15 p.m.	\$53.20
Swimmer 4/5 6+ years	Tuesday and Thursday	September 9	October 2	5:15 - 6:00 p.m.	\$53.20
Swimmer 6/7 6+ years	Tuesday and Thursday	September 9	October 2	4:30 - 5:30 p.m.	\$53.20
Swimmer 8/9 6+ years	Tuesday and Thursday	September 9	October 2	5:30 - 6:30 p.m.	\$53.20

Drop-in and registered programs starting in September



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Drop-In Programs

Indoor Walking Program

Walk to stay active and have fun! Register at the Customer Service Desk. Clean dry running shoes required. **Simcoe Recreation Centre, Multipurpose Floor**

- Mondays, Wednesdays & Fridays
- 9:30 a.m. to 11:30 a.m. and 4:00 p.m. to 5:00 p.m.
- \$2.00 drop-in fee

FREE Discover Norfolk Walking Group

Discover Norfolk County on guided walks, rain or shine. Pre-registration is recommended in the event of a program change. No pets permitted.

- Thursdays, September 4 to October 30
- 5:30 to 6:30 p.m.
- Free

September location and dates:

- September 4: Turkey Point
- September 11: Norfolk Sunrise Trail
- September 18: Delhi Rail Trail
- September 25: Long Point Eco Adventures

Child & Youth

Mini Sports & More - Port Dover

Instructor-led program for children currently enrolled in kindergarten. Each week, kids will explore different sports and games while building physical literacy through fun, active play. **Port Dover**

- Tuesdays, September 9 to October 14 (excluding Sept 30)
- 5:30 p.m. to 6:30 p.m.
- \$27.25

Sports & More - Port Dover

This program introduces kids to a variety of sports and games while building physical literacy through active play. It emphasizes teamwork, confidence, and foundational movement skills in a supportive environment. **Port Dover**

- Tuesdays September 9 to October 14 (excluding Sept 30)
- 6:30 p.m. to 7:30 p.m.
- \$27.25

PA Day Camp - “Goodbye Summer”

Enjoy a fun filled day of trail hiking, outdoor education and games that will have you soaking up the last rays of summer sun. Two locations, **Waterford Community Centre Main Hall or Turkey Point Park.**

- Friday, Sept 12
- 8:00 a.m. to 5:30 p.m.
- \$49.00

Adult & Senior

Adaptive Multi-Sports

Everyone is welcome to play, move, and have fun at this inclusive, all-abilities program that offers a variety of sports and games with thoughtful adaptations for individuals living with cognitive or physical limitations. Ages 14 years and older. **Simcoe Recreation Centre Multipurpose Floor.**

- Tuesdays, September 9 to March 31
- 10:30 a.m. to 11:30 a.m.
- \$5.25

Hearing Clinic

Learn about hearing health, receive basic screenings, and ask questions about hearing aids and accessibility options. **Delhi Friendship Centre**

- Tuesday, September 16
- 12:30 p.m. to 1:30 p.m.
- Free

Senior’s Centre Without Walls - Gab and Games

A fun, phone-based program for seniors that combines lively conversation with light-hearted trivia and games. Connect with others, share a laugh, and keep your mind sharp.

- Tuesdays, September 11 to February 19
- 1:30 p.m. to 2:15 p.m.
- Free

Pickleball and Badminton

Badminton

Bring your own racket and birdie or rent them from our gear shop, then enjoy this active, social sport suited for all abilities.

This open drop-in activity offers a fun, non-competitive environment. **Simcoe Recreation Centre Multipurpose Floor.**

- Thursdays, October 2 to May 28
- 7:00 p.m. to 9:00 p.m.
- \$5.25
- Sundays, October 5 to May 31
- 11:00 a.m. to 1:00 p.m.
- \$5.25

Pickleball Shinny

An Informal “drop in” pick-up game of Pickleball. Participants organize game play themselves. All participants must be registered to participate. Cost is \$5.25 per person. **Simcoe Recreation Centre, Multipurpose Floor**

- Thursdays and Sundays, September 11 to May 30
- 1:00 p.m. to 3:00 p.m.

Drop-in Pickleball

Pickleball comes to you! Open to all skill levels— this recreational drop-in program is a great way to stay active and have fun. Staff will be on-site to set up the courts, coordinate play, and provide balls. Reserve your spot, pay online in advance. Participants must wear dry, clean running shoes. Bring your own racket.

Valley Heights Secondary School

- Wednesdays, September 10 to May 27
- 7:00 p.m. to 9:00 p.m.

Delhi District Secondary School

- Thursdays, September 11 to May 27
- 7:00 p.m. to 9:00 p.m.

Parent & Child Pickleball Shinny

This all-ages, all-skill level pickleball program offers a relaxed, friendly space for families to enjoy casual games. Check in at the Simcoe Recreation Centre Customer Service Desk before playing. **Simcoe Recreation Centre, Multipurpose Floor**

- Sundays, September 7 to May 31
- 11:00 a.m. to 1:00 p.m.
- \$5.25