

# January 2026 Evergreen Lane Activities with Vicki and Alex

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Exercise calendars are posted in the resident home area.	One to One visit happens when recreation therapist is present.	Programs are subject to change	Evergreen Lane Recreation Therapist is Vicki Deleye	1 Happy New Year	2 10:00 Music in Motion 2:00 Card Sharks	3
4	5 1:00 Skip Bo 5:00 Lasagna Supper	6 10:00 Trivia 2:00 Target Practice	7 10:00 Painting 2:00 Bingo	8 2 Monthly Birthday Party 6:15 Pub Night	9 9:00 to 11:00 Sensory Room 2:00 Physical Games	10 8:00 Breakfast 10:30 Pet Visits 1:30 Euchre
11 10:00 Hymn Sing 2:00 Yarn Ninjas	12 10:00 Card Games 2:00 Travel Log	13 2:00 United church	14 10:00 Makers Club	15 10:00 Jeopardy 10:30 Roman Catholic Mass	16 10:00 Green Thumbs 2:00 Bingo	17
18 10:00 Hymn Sing 2:00 Travelling Hot Chocolate	19 10:00 Bible Study 2:00 Butter Tart Social	20 10:00 Trivia 2:00 Painting	21 9:00 to 11:00 Norview Café 2:00 Bingo	22 2:00 100 <sup>th</sup> Birthday Celebration	23 9:00 to 11:00 Sensory Room 2:00 Happy Hour	24
25	26 10:00 Gentle Therapy 1:30Country Drive	27 10:00 Good New Stories 2:00 Baptist Church	28 2:00 Bingo 6:15 Music with Joe and Family	29 10:00 Mind Busters 2:00 Physical Games	30 12:00 Luncheon 2:00 Music with Terry	31