

February 2026 Chestnut Hill Activities with Pam and Krystal

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Exercise calendars are posted in the resident home area.	One to One visit happens when recreation therapist is present.	Programs are subject to change	Chestnut Hill's Recreation Therapist is Pamela Tasane.			
1 10:00 Hymn Sing 2:00 Euchre	2 10:00 Bingo 2:00 Birthday Party	3 1:00 Physical Game 2:00 Trivia	4 9:30 Colouring 2:00 Name That Tune	5 10:00 Bible Study 10:00 Euchre	6 10:00 Painting 2:00 Table Hockey	7
8	9 10:00 Bingo 2:00 Balloon Toss 2:00 Choir	10 9:30 Gentle Therapy 1:00 Physical Game 2:00 United Church	11 9:15 Country Drive 2:00 Music by Terry Carter	12 9:30 Resident Council 2:00 Hot Chocolate Social	13 10:00 Post Cards of the Past 1:30 Memory Matching Game	14 1:30 Valentine's Sing Along
15 10:00 Hymn Sing 2:00 Crafts	16	17 10:00 Bingo 1:00 Physical Game 2:00 Snoezelen Sessions	18 2:00 Cooking Pizzas 5:00 Personalized Pizza Dinner	19 9:30 Name That Tune 10:30 Roman Catholic Mass 2:00 Trivia	20 10:00 You Be the Judge 1:30 Country Drive	21
22	23 2:00 Bingo 6:00 Pub night	24 9:30 Table Games 1:00 Physical Games 2:00 Baptist Church 2:00 Trivia	25 10:00 Green Thumbs 2:00 Music by Tony and Marty	26 2:30 One to Ones	27 9:00-11:00 Norview Cafe	28 8:00 Breakfast Club 10:30 Calendar Delivery 1:30 Craft