



Norview News

October 2025

Infection Control

Cold and flu season is fast approaching, and we are getting ahead of this by hosting our annual Flu Vaccine Clinic for our Residents on Wednesday October 15th.

Please review the posted signage at the entrance regarding a self-assessment tool and do not visit if you are experiencing the following symptoms:

- Runny or Stuffy Nose
- Cough or Congestion
- Sore Throat or Headache
- Nausea, vomiting, or diarrhea
- Trouble Breathing, Rash
- Loss of smell or taste

Education

Norview Lodge is excited to announce that we will be hosting Fanshawe College Level 1 Registered Practical Nursing Students every Friday until December! This initiative not only supports the students in their practical learning but also enhances the quality of care we provide for your loved ones. The students will be gaining valuable hands-on experience under the guidance of our skilled staff, allowing them to apply their classroom knowledge in a real-world setting. We look forward to welcoming these future healthcare professionals and the positive energy they bring into our long-term care community.

Therapy News

Norview Lodge provides funded Physiotherapy and Occupational Therapy services on an individual basis and through exercise classes, for all Residents who wish to participate. On admission, all Residents are thoroughly assessed by the Registered Physiotherapist to determine their current physical abilities and to establish individual goals. A treatment plan is then prepared and consented to by each Resident /POA with the Physiotherapist. Therapy visits may be provided by The Physiotherapist, OT or Physiotherapist Assistants.

All goals are client-centered, and treatments are designed to optimize physical functioning and independence. Examples of interventions provided by the Physiotherapy and Occupational Therapy team include:

- Walker or wheelchair prescriptions and ADP funding
- Muscle strengthening
- Improving/Maintaining transfer and walking ability
- Improving/Maintaining balance and falls prevention
- Pain management including wax therapy and other modalities
- Improving/Maintaining range of movement including splinting
- Improving/Maintaining function in activities of daily living
- Improving/Maintaining posture, positioning and comfort.

Programs and equipment are offered for a wide range of abilities, in Residents' own rooms, on their unit, outside or in the therapy room. There is also a hydrotherapy program provided in the local recreation center swimming pool. Residents always have the option to choose which services they wish to use, and we look forward to providing you with the therapy best suited to meet your needs.

Recreation News

This month, the Program Department would like to highlight a couple of popular historical programs offered.

The first one is called "Postcards from the Past". Karen Lindsay from the Historical Society in Waterford collects old post cards from Norfolk County showcasing various towns, beaches, landmarks and buildings and will present them in a slideshow. The Residents get to learn about the history behind well-known buildings and locations around Norfolk, such as, Port Dover, famously known for the old dance halls, Waterford, Turkey Point, Long Point, Port Rowan and more.

The other program is provided by Angela from the Waterford Museum where she speaks about various topics, showing pictures and artifacts to go along with it. Some of her past presentations include the history of the schoolhouse, the Carillon Tower, and the Norfolk County Fair.

Both programs spark memories for Residents and inspire them to remember growing up in Norfolk. It is an opportunity for them to tell stories and connect with others.

These programs are offered every other month and depend on the status of the home. If interested, please contact any Recreation Therapist and note that space is limited.

Resident Greeter Program

We are very proud of our Resident Greeter Program at Norview Lodge. It involves the inclusion of a current Resident as part of our homes' tour and move-in (admission) process. This program gives the Residents of Norview Lodge the opportunity to support their peers and connect with people who are new to the home and experiencing long term care (LTC) for the first time.

Resident Greeters provide invaluable insights and feedback about life as a Resident at Norview Lodge and they can answer any questions that new Residents or loved ones may have. The Resident greeter provides tours of the home along with the Social Service Worker. Our current greeter, Donna Leask states that the Social Service Worker gives "the business side of things and she gets to answer all the other questions from the Resident's side". Donna really enjoys doing the tours and feels it's important to be able to provide families and new Residents a perspective of day-to-day life at Norview.

Donna says that she's even had new Residents, and their families come to see her once they have moved in to tell her that she helped make their decision of choosing Norview. They say that seeing how staff interacted with Donna, her story of getting to Norview and her involvement in the tours made Norview feel like a home.

The Resident Greeter Program has received ongoing positive feedback from Residents, families and staff and has been a welcome addition to the home since its inception in 2023.

