

Norview News

July 2026

Infection Control

As summer brings warmer weather, family gatherings, and more opportunities for outings and visits, Infection Prevention and Control (IPAC) remains a shared responsibility. Together, we can help protect the health and well-being of all Residents living in our home.

Before You Visit

We kindly ask families and visitors to complete passive screening and postpone visits if they are feeling unwell. Symptoms such as a fever, cough, sore throat, vomiting and diarrhea can spread quickly in long-term care settings and place Residents at increased risk

Clean Hands Save Lives

Hand hygiene remains one of the most effective ways to prevent the spread of infections. Please use the alcohol-based hand rub provided:

- When entering and leaving the home
- Before and after visiting your loved one
 - After using the washroom
- Before eating or assisting with meals

Summer Outings

We encourage Residents to enjoy outings with family and friends whenever possible. During outings, please practice good hand hygiene and avoid contact with individuals who are ill.

Recreation News

Summer is in full swing, and so are outdoor programs!

Whole home highlights for July include lots of live music including, Terry Carter July 8th at 2pm, Angie July 10th at 2pm, Jeff Dawdy July 15th at 2pm, a special performance by the Norview Choir on July 22 at 2pm, and Elvis on July 29th at 2pm.

Other highlights include, Whole Home Bingo on July 20th at 2pm and the Bowling Tournament on July 23rd at 1:30 where home areas will compete for the coveted bowling trophy!

All large programs are scheduled to be outdoors in the center courtyard, weather permitting. Any changes to scheduled programming due to weather or the status of the home will be communicated to residents and families as necessary.

Lastly, if you are looking to stay cool in the July heat, come on out to the Norview Cafe on July 10th from 9-11am in the Great Room. This is a monthly program provided for residents, visitors and staff, which offers a coffee shop atmosphere and a space to get together and socialize over a hot or cold drink. The summer time favorite is an ice-cold coffee frappe with whipped cream so come get them while they are cold!



More Infection Control

Clarification on Symptomatic Case and Contact Management

Resident Respiratory Case Management: Symptomatic Residents are placed on additional precautions until 5 days after the onset of an acute illness or until symptoms have resolved for 24hrs for respiratory symptoms and 48hrs for gastrointestinal symptoms.

Resident (Respiratory) Close Contact Management (Roommates and Tablemates): Residents who are deemed to be a close contact of a symptomatic Resident are placed on additional precautions for 5 days from the case's symptom onset. This is because it can take up to 5 days after exposure for someone to develop symptoms if they have been infected. These precautions help protect other Residents, staff, and visitors while we monitor for any signs of illness.

Resident Gastrointestinal Case Management: Symptomatic Residents are placed on additional precautions until they are 48hrs symptom free

Resident (Gastrointestinal) Close Contact Management (Roommates): Residents who reside in the same room as a Resident experiencing symptoms of a gastrointestinal illness are placed on additional precautions until COVID-19 can be ruled out by the symptomatic Resident. Once COVID-19 is ruled out and the roommate remains asymptomatic, isolation measures are lifted.

For your safety and to help prevent the spread of illness, personal protective equipment (PPE) must be worn when visiting a Resident who is on additional precautions (i.e., isolation)

Although we hope to enjoy a healthy summer season, outbreaks can still occur. Your cooperation helps protect all Residents, staff, and other visitors

Wishing you and your family a safe, healthy, and happy summer!

Summer Heat Safety Tips



With temperatures across the province expected to rise today and into this week, it's crucial for everyone to prepare for the heat and to monitor the seniors in their communities to ensure they are safe and staying cool. Consider taking the following precautions to reduce risk for heat-related illnesses in older adults:

- Take note of the seniors' health conditions and medications. Check if they're taking any prescription drugs that could impair their ability to regulate body temperature.
- Watch out for signs of overheating such as extreme thirst, dizziness, headache, nausea, cramps, fatigue, and cold, clammy skin. Overheating is not very dangerous on its own but can quickly lead to heatstroke. Symptoms of heatstroke include a body temperature of 104°F or higher, inflamed skin without sweating, rapid pulse, headache, nausea, dizziness and unconsciousness.
- Minimize sun exposure. If it's hot outside stay indoors in a cool, air-conditioned environment. Keep your home cool by blocking out the sun with blinds/solar curtains, and keeping windows open at night.
- Dress appropriately. Wear light-colored clothing made of natural, breathable fabrics like cotton. Hats and scarves should be used to protect against the sun.
- Stay hydrated by consuming enough water, juice, fruits and vegetables. Avoid alcoholic beverages, coffee and cola.
- Exercise indoors on warm days. Seniors should stay active but avoid overexerting themselves.