

November 2025 Poplar Heights Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3 2:00 Bingo 6:15 Euchre	4 10:00 Colouring 2:00 Sing-along	5 10:00 Bell Choir 2:00 Trivia	6 9:30 Country Drive 2:00 Painting	7	8 8:00 Breakfast 10:30 Uno 1:30 Word Games
9 10:00 Hymn Sing 2:00 Euchre	10	11 10:30 Remembrance Day Service 2:00 United Church	12 10:00 Painting 2:00 Bingo	13 1:30 Card Making 2:00 Music	14 9:30 Walking Group 10:00 Green Thumbs 2:00 Music	15
16	17 9:00 Manicures 10:00 Sensory Room Visits 2:00 Bingo	18 9:30 Knitting 10:00 Music 1:15 Bowling 2:00 Maker's Club	19 10:00 Craft 2:00 Social	20 9:00 Euchre 10:30 Catholic Mass 1:30 Christmas Decorating	21 9:30 Walking Group	22
23	24 10:00 History with Angela 2:00 Bingo	25 10:00 Music 2:00 Tuck Shop 2:00 Baptist Church	26 10:00 Bible Study 1:30 Decorate 5:00 Supper	27 9:00-11:00 Norview Café 2:00 Art	28 12:00 Luncheon 2:30 Trivia	29
30	One-to-One visits daily when recreation staff here	Exercise Calendar posted on home area				

Programs are subject to change.