

# January 2026 Chestnut Hill Activities with Pam and Krystal

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Exercise calendars are posted in the resident home area.	One to One visit happens when recreation therapist is present.	Programs are subject to change	Chestnut Hill's Recreation Therapist is Pamela Tasane.	1	2	3 8:00 Breakfast Club 10:30 Snoezelen Sessions
4 10:00 Hymn Sing 2:00 Euchre	5 10:00 Bingo 2:00 Music by Mike	6 9:30 Snowflake Craft 1:00 Active Game 2:00 Trivia	7 9:30 Sing Along 1:30 Table Games	8 1:30 Discussion Group	9 10:00 Bell Choir 2:00 Active Games	10
11 2:00 Yarn Ninjas	12 10:00 Bingo 2:00 Coffee Social	13 9:30 Sing Along 1:00 Active Games 2:00 United Church	14 10:00 Birthday Party 2:00 Snoezelen Sessions	15 10:30 Roman Catholic Mass 1:30 Euchre	16 10:00 Green Thumbs 2:00 Table Hockey	17 1:30 Name That Tune
18 10:00 Hymn Sing 2:00 Sundaes on Sunday	19 10:00 Bingo 10:00 Bible Study 2:00 Snowflake Craft	20 1:00 Active Games 2:00 Trivia	21 9:00 Norview Cafe 2:00 Giant Slot Machine 6:00 Pub Night	22 9:30 Colouring Club	23 10:00 Choir Practice 2:00 Music by Archie	24
25	26 2:00 Bingo 5:00 Chinese Food Dinner	27 1:00 Active Games 2:00 Baptist Service 2:00 Social	28 10:00 History with Angela 1:30 Country Drive	29 9:30 Sing Along 1:15 Euchre	30 10:00 Trivia 1:30 Name That Tune	31 8:00 Breakfast Club 1:30 Memory Matching Game