

# January 2026 Willow Walk Activities with Donna and Kate

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Exercise calendars are posted in the resident home area.	One to One visit happens when recreation therapist is present.	Programs are subject to change	Willow Walk's Recreation Therapist is Donna Neil	1	2 10:00 Clean Up 1:00 Bowling 2:00 Bingo 2:00 Snoezelen	3
4	5 2:00 Archie in Orchard Grove 5:00 Lasagna Supper	6 10:00 What's in the Box 2:00 Travelogue: Alaska	7 10:00 Bell Choir 2:00 Bus Outing	8 9:30 Resident Council 10:00 Craft 2:00 Bingo	9	10 8:00 Breakfast 10:30 Word Puzzles 1:00 Pet Visits
11 10:00 Hymn Sing 1:30 Yarn Ninjas	12	13 10:00 Reminisce & Relax 2:00 United Church	14 10:00 Maker's Club 2:00 Yahtzee	15 10:30 Roman Catholic Mass 2:00 Bean Bag Toss	16 10:00 Races 1:00 Bowling 2:00 Kate Bingo 2:00 Walks	17
18	19 10:00 Bible Study 2:00 Elvis in Willow Walk	20 10:00 Wood Painting 2:00 Ping Pong Bocce	21 10:00 Trivia 2:00 Target Shooting	22 10:00 Chicken Soup Stories 2:00 Donna Bingo	23 10:00 Bat the Balloon 12:00 Robbie Burns Lunch with Maple Crescent	24
25	26 10:00 Puzzling 2:00 Human Slot Machines	27 10:00 Card Sharks 2:00 Baptist Church	28 1:00 Gift Shop 2:00 Kate Bingo 6:00 Music with Joe & Family	29 10:00 Name That Tune 2:00 Crown & Anchor	30	31