

## February 2026 Spruce Court Activities with Krystal and Pam

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 9:30 Music with Evelyn 10:00 Bingo 2:00 Social	3 9:30 Magazine 1:00 Physical game 2:00 Trivia	4 9:30 Colouring 2:00 Name that Tune	5 10:00 Euchre 1:15 Country Drive	6 10:00 Watercolour 2:00 Table Hockey	7
8	9 10:00 Bingo 10:00 Stories 2:00 Choir	10 9:30 Gentle Therapy 1:00 Games 2:00 Church	11 9:15 Country Drive 2:00 Music with Terry	12 9:30 Resident Council 2:00 Social 6 Sing a Long	13 10:00 Postcards 1:30 Matching	14 8:00 Breakfast Club 10:00 Snoezelen 2:00 Happy Hour
15 10:00 Hymn Sing 1:30 Crafts	16 Family Day	17 10:00 Bingo 1:00 Physical Games 2:00 Table Games	18	19 9:30 Name that Tune 2:00 Trivia	20 10:00 You be the Judge Pam	21
22	23 9:30 Sing a Long 2:00 Bingo 2:00 Sensory 6:00 Pub Night	24 9:30 Table Games 1:00 Physical Games 2:00 Trivia	25 10:00 Name Ten 10:00 Green Thumbs 2:00 Lions Music	26 10:00 Lunch Prep 12:00 Luncheon 2:30 One to one	27 9:00 to 11:00 Norview Café 1:15 Country Drive	28
			Exercise calendars are posted in the resident home area.	One to One visit happens when recreation therapist is present.	Programs are subject to change	Spruce Court Recreation Therapist is Krystal Warman.