

October 2025 Poplar Heights Activities with Lynsey

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Exercise calendar posted on home area	One to one visits daily when Recreation staff here		1 9:00 Calendar Visits with Alex 2:00 Music with Archie	2	3	4 1:30 Word Games with Alex
5 10:00 Hymn Sing with Alex 2:00 Social with Alex	6 9:30 Yarn Ninjas 2:00 Bingo 6:15 Pub Night	7 10:00 Bell Choir 2:00 Patio Clean-up	8 10:00 Sing-along 2:00 Trivia	9 9:30 Resident's Council 10:00 Craft 1:15 Bowling Alley Bus Trip	10	11 8:00 Breakfast 10:30 Uno 1:30 Word Games
12 10:00 Hymn Sing 2:00 Social	13 10:00 Euchre	14 9:30 Simcoe Library Bus Trip 2:00 Crokinole 2:00 United Church	15 9:00 Sing-along 2:00 Bingo with Vicki	16 10:30 Catholic Mass	17 9:00-11:00 Norview Cafe	18
19	20 10:00 Bell Choir 2:00 Bingo	21 9:15 Sing-along 12:00 Luncheon 2:30 Tuck Shop Visits	22 10:00 Making Music 2:00 Birthday Party	23 10:00 Pumpkin Decorating 1:30 Card Making 2:00 Trivia	24 9:30 Rec Center Walking Group 10:00 Green Thumbs	25
26	27 9:30 Music with Evelyn 10:00 Bible Study 2:00 Bingo	28 10:00 Colouring 2:00 Baptist Church	29 10:00 Maker's Club 2:00 Music with Terry Carter 6:15 Euchre	30 9:30 Country Drive 2:00 Choir 2:00 Sensory Room Visits	31	

Programs are subject to change.