



Norview News

February 2026

Infection Control 4 Moments of Hand Hygiene

1. Before initial Resident/Resident environment contact

- When? Before touching a Resident or before touching any object or furniture in the Residents environment.
- Why? To protect the Resident/Resident environment from harmful germs carried by your hands.

2. Before aseptic procedures

- When? Clean your hands immediately before any aseptic procedure (e.g. oral dental care)
- Why? To protect the Resident against harmful germs, including the Resident's own germs, entering his or her body.

3. After body fluid exposure risk

- When? Clean your hands immediately after an exposure risk to body fluids (and after glove removal)
- Why? To protect yourself and the health care environment from harmful Resident germs

4. After Resident/Resident environment contact

- When? Clean your hands when leaving, after touching a Resident or any object/furniture in the Residents environment
- Why? To protect yourself and the health care environment from harmful Resident germs.

Exciting Partnership with RNAO

We are thrilled to announce that Norview Lodge Long-Term Care Home is partnering with the Registered Nurses' Association of Ontario (RNAO) to implement innovative clinical pathways focused on resident-centered care. This initiative aims to enhance the quality of life for our residents by ensuring that their needs and preferences are at the forefront of our care delivery.

Key Highlights of the Partnership:

Resident-Centered Approach: The new clinical pathways prioritize the unique needs of each resident, fostering an environment where their voices are heard and respected.

Streamlined Processes for New Admissions: By refining our admission procedures, we ensure that new residents experience a smooth transition into our home, allowing them to feel welcomed and supported from day one.

Enhanced Palliative Care: Our pathways will improve the way we provide palliative care, focusing on comfort and dignity, and ensuring residents and their families receive the emotional and physical support they need during challenging times.

Effective Responses to Medical Emergencies: With protocols in place for managing medical emergencies, such as delirium, our staff will be better equipped to respond quickly and effectively, safeguarding the health and well-being of our residents.

We believe that this partnership with RNAO will significantly elevate the standard of care at Norview Lodge, allowing us to create a nurturing and responsive environment for all our residents. Stay tuned for further updates as we roll out these exciting initiatives!

Department Education Days/Weeks 2026

Norview wants to share all the amazing work that is done by all the departments at Norview Lodge. Each department has a specific focus and plays a vital part in the person-centered care provided to our residents.

Highlighted below are the days/ weeks each department will provide education about their role within the home. This information will be displayed in the front lobby area (Great Room) for the benefit of residents, staff and visitors to learn more about each department.

Therapeutic Recreation Awareness Week

Feb. 9- Feb. 13

Social Service Work

Mar. 2 – Mar. 8,

Administrative Professionals Day

Wed. Apr. 22, 2026

Health and Safety Week

May 3-9, 2026

World Facilities Management Day

May 13, 2026

Nursing Week

May 6-12, 2026

Personal Support Worker Day

May 19, 2026

National Laundry Workers Week

July 5-11, 2026

Housekeeping Week

Sept. 13-19, 2026

Health care Food service Week

Oct. 4-10, 2026

Recreation News

February is Therapeutic Recreation Awareness Month!!

Therapeutic recreation (TR) in long-term care is a professional, client-centered process using individualized, purposeful leisure activities to improve residents' physical, cognitive, social, emotional, and spiritual well-being.

Key Components of Therapeutic Recreation in LTC

- **Assessment & Goal Setting:** Professionals assess each resident's interests and functional levels to create personalized plans that foster independence, happiness, and improved functioning.
- **Holistic Approach:** Programs address the "whole person" rather than just their illness, promoting mental, physical, and emotional health.
- **Targeted Interventions:** Activities are designed to reduce loneliness, combat depression, and manage behaviors associated with dementia.
- **Types of Activities:** Common interventions include reminiscence therapy, music/art therapy, gardening, exercise, community outings, and social games.

Benefits to Residents

- **Improved Cognitive Function:** Activities like trivia or music help improve mental alertness and problem-solving skills.
- **Increased Social Connection:** Group activities reduce social isolation, encouraging friendships and decreasing feelings of helplessness.
- **Physical & Emotional Health:** Tailored exercise and leisure activities support physical mobility and boost self-esteem and mood.

Recreation Department would like to highlight the Spiritual programs offered at Norview Lodge.

United Church service is offered on the second Tuesday of the month at 2pm in the Chapel.

Roman Catholic Mass occurs on the third Thursday of the month at 10:30am in the Chapel.

Walsh Baptist Church provides a service on the fourth Tuesday of the month at 2pm in the Chapel.

Hymn Sing program provided by the recreation therapists on the Sundays in their home area when they are scheduled. This is an opportunity for residents to get together and be involved by doing readings and leading prayers.

Bible Study group also runs once a month with Donna and Vicki, Recreation Therapists, and provides an environment for residents to openly listen to each other and discuss. Check the monthly calendars posted on the units for when this program occurs and note space may be limited.