

Norview News

September 2025



Infection Control

As we enter the fall and winter months, we are approaching cold and flu season. This time of year, brings a high risk of respiratory illness in the community. Please be extra mindful of symptoms, practice good hand hygiene, and consider postponing visits if you have even mild signs of illness. Preventing the spread of colds and flu helps us protect the health of all Residents, staff, and visitors.

If you are experiencing any of the following symptoms, please delay your visit until you have fully recovered:

- Fever or chills
- Cough, sore throat, or runny nose
- Nausea, vomiting or diarrhea

Getting your annual flu shot is one of the best ways to protect yourself and our Residents. Vaccines not only help prevent influenza but also reduce the spread of other vaccine-preventable diseases such as COVID-19, pertussis (whooping cough), and pneumococcal illness. We strongly encourage all visitors and family members to stay up to date with recommended vaccinations and by doing so, you help protect your loved ones from germs and keep everyone safe.

RECREATION NEWS

As we move into Fall and county fair season, the Recreation Department will be bringing fair activities to Norview Lodge.

Starting off with a classic, apple pie baking contest between all 8 home areas! Judging will occur on September 9th at 2pm in the Great Room. Which Resident's secret recipe will come out on top?

Next up on Wednesday, September 10th is Fair Games at 9:30am and Bluegrass music with Sugar and Spice at 2pm, both occurring in the center courtyard.

Lastly come on out and see some friendly visitors from Triple C Farm on September 11th at 1:30pm in the center courtyard. Goats, bunnies, alpacas and more.

The Recreation Department would also like to acknowledge the Celebration of Life that will be occurring on September 18th at 2pm. This annual program invites loved ones of Residents who have passed on to come together. It is a beautiful celebration with music, readings by Residents, and an opportunity for loved ones to return to Norview Lodge and share memories. It is a very special day to be able to get together and honor the Residents that have passed on.

News from the Kitchen

I'd like to take a moment to share some information about Norview's guidelines for food brought in from outside for residents.

To help keep everyone safe and meet public health standards, we ask that you follow these steps when bringing food for your loved one:

- If your loved one is on a modified texture diet, please make sure the food you bring matches the texture they require. If it isn't the right texture, we won't be able to serve it, as it could put the resident's safety at risk.
- All food items must be clearly labeled with resident's name, the name of the food, the date it was prepared and the date it was brought in.
- Food will be kept in the unit fridge for up to 24 hours. After that, it will be thrown away for safety reasons.
- Unfortunately, we can't store personal food or condiments for long-term use.
- Please do not leave perishable items in resident's rooms.

We truly appreciate your understanding and support in helping us care for your loved ones. If you have any questions, please feel free to reach out.

Emily Witmer-Petitti
Supervisor, Nutritional Services
Ext. 4255#

Important News Updates for Families at Norview

Attention Residents/Families/POAs-Personal Furniture

Per the Norview Lodge Resident Information Booklet (information provided below) Residents can bring in non-fabric personal recliner chairs to be kept in the Resident's rooms. Personal Items including recliner chairs are not to be placed in common areas including home area sitting rooms.

1. Residents/families will be allowed to bring their own reclining chair into Norview Lodge as long as the living space in the Resident's room allows for safety of the Resident and/or staff (as determined by the home.) Please ensure that this chair is of a vinyl/leather material.
2. No cloth furniture will be allowed due to infection control protocol and the inability to properly sanitize cloth furniture.

Please check with staff before bringing in any additional furniture or equipment (see Furniture and Belongings).

September

Written by: Sara C. Tate

September, September the first month of fall,
It's the first month of school and football,
September has the holiday Labour Day,
And in those fall leaves we love to play!
You might need to wear your favourite sweater,
With all this changing weather!
Eating apples and sipping cider
Our smiles can't get any wider.
Welcome September, Welcome!

