

September 2025 Poplar Heights Activities with Lynsey & Alex

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Exercise calendar posted on home area	1 9:00 Calendar Visits 10:00 Art 2:00 Bingo	2 10:00 Euchre 2:00 Birthday Party	3 6:15 Campfire Night	4 9:30 Yarn Ninjas 9:30 Country Drive 2:00 Social	5 9:00 Sing-along 12:00 Barbeque Lunch 2:30 Outdoor Walks	6 1:30 Word Games with Alex
7 10:00 Hymn Sing with Alex	8 2:00 Apple Pie Baking 5:00 Chinese Food Supper	9 10:00 History with Angela 2:00 United Church 2:00 Pie Judging	10 9:30 Fair Games 2:00 Music with Sugar and Spice	11 9:30 Food Committee 10:00 Uno 2:00 Farm Animal Visit	12 10:00 Maker's Club 1:15 Bowling Alley Bus Trip	13 8:00 Breakfast Program 10:30 Bell Choir 1:30 Bingo
14 10:00 Hymn Sing 1:15 Hymn Music 2:00 Euchre	15 10:00 Choir Practice 1:15 Bowling Tournament	16 10:00 Card Making 10:00 Colouring 2:00 Bingo	17 10:00 Bible Study 10:00 Sensory Room Visits 2:00 Music	18 9:00 Sing-along 10:30 Catholic Mass	19 10:00 Green Thumbs 2:00 Active Games with Alex	20
21	22 10:00 Art with Alex 2:00 Norview Choir	23 9:30 Simcoe Library Bus Trip 2:00 Baptist Church	24 10:00 Bell Choir 2:00 Music with Elvis	25 2:00 Bingo with Alex 6:15 Pub Night with Alex	26 9:00-11:00 Norview Café 2:00 Craft	27
28	29 10:00 Bible Study 10:00 Word Games with Alex 2:00 Bingo	30			Programs are subject to change	One-to-one visits daily when recreation staff here.