

# January 2026 Spruce Court Activities with Krystal and Pam

| Sunday   | Monday   | Tuesday  | Wednesday  | Thursday   | Friday  | Saturday  |
|--|--|--|--|--|---|---|
| Exercise calendars are posted in the resident home area. | One to One visit happens when recreation therapist is present. | Programs are subject to change                                     | Chestnut Hill's Recreation Therapist is Pamela Tasane.         | 1<br>Happy New Year  | 2   | 3<br>Programs with Pam  |
| 4<br>10:00 Hymn Sing with Pam                            | 5<br>10:00 Bingo<br>2:00 Music                                 | 6<br>10:00 Crafts<br>1:00 Physical Games<br>2:00 Trivia            | 7<br>9:30 Sing-along<br>1:30 Table games                       | 8<br>9:00 Bread making<br>1:30 Discussion Group                    | 9<br>10:00 Lunch preparation<br>12:00 Luncheon<br>2:00 Gentle Therapy | 10  |
| 11   | 12<br>10:00 Bingo with Pam<br>2:00 Coffee Social               | 13<br>9:30 Sing-along<br>1:00 Physical Games<br>2:00 United Church | 14<br>10:00 Birthday Social<br>1:30 Axe Throwing               | 15<br>10:30 Roman Catholic Mass<br>1:30 Euchre<br>6:00 Table Games | 16<br>10:00 Green Thumbs  | 17<br>8:00 Breakfast Club<br>10:00 Snoezelen Room<br>1:30 Name Tune |
| 18<br>10:00 Hymn Sing<br>1:30 Sundaes on Sunday          | 19<br>10:00 Bingo  | 20<br>1:00 Physical Games<br>6:00 Sing-along                       | 21<br>9:30 Crafts with Orchard Grove<br>2:00 Slot Machine Game | 22<br>9:30 Trivia<br>2:00 Name that Tune                           | 23<br>10:00 Choir<br>2:00 Music with Archie                           | 24  |
| 25   | 26<br>9:30 Whiteboard<br>2:00 Bingo<br>2:00 One to Ones        | 27<br>10:00 Baking<br>1:00 Physical Games<br>2:00 Social           | 28<br>10:00 History<br>10:00 Table Games<br>1:15 Drive         | 29<br>9:30 Sing along<br>1:30 Euchre                               | 30<br>9:30 Trivia<br>1:30 Name that tune                              | 31<br>Programs with Pam   |