

January 2026 Spruce Court Activities with Krystal and Pam

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Exercise calendars are posted in the resident home area.	One to One visit happens when recreation therapist is present.	Programs are subject to change	Chestnut Hill's Recreation Therapist is Pamela Tasane.	1 Happy New Year	2	3 Programs with Pam
4 10:00 Hymn Sing with Pam	5 10:00 Bingo 2:00 Music	6 10:00 Crafts 1:00 Physical Games 2:00 Trivia	7 9:30 Sing-along 1:30 Table games	8 9:00 Bread making 1:30 Discussion Group	9 10:00 Lunch preparation 12:00 Luncheon 2:00 Gentle Therapy	10
11	12 10:00 Bingo with Pam 2:00 Coffee Social	13 9:30 Sing-along 1:00 Physical Games 2:00 United Church	14 10:00 Birthday Social 1:30 Axe Throwing	15 10:30 Roman Catholic Mass 1:30 Euchre 6:00 Table Games	16 10:00 Green Thumbs	17 8:00 Breakfast Club 10:00 Snoezelen Room 1:30 Name Tune
18 10:00 Hymn Sing 1:30 Sundaes on Sunday	19 10:00 Bingo	20 1:00 Physical Games 6:00 Sing-along	21 9:30 Crafts with Orchard Grove 2:00 Slot Machine Game	22 9:30 Trivia 2:00 Name that Tune	23 10:00 Choir 2:00 Music with Archie	24
25	26 9:30 Whiteboard 2:00 Bingo 2:00 One to Ones	27 10:00 Baking 1:00 Physical Games 2:00 Social	28 10:00 History 10:00 Table Games 1:15 Drive	29 9:30 Sing along 1:30 Euchre	30 9:30 Trivia 1:30 Name that tune	31 Programs with Pam