

# January 2026 Maple Crescent with Alex and Vicki

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Exercise calendars are posted in the resident home area.	One to One visit happens when recreation therapist is present.	Programs are subject to change	Maple Crescent's Recreation Therapist is Alexandra Townsend.	1	2 10:00 Exercise Class 2:00 Card Sharks	3
4	5 1:30 Card Games	6 10:00 Trivia 2:00 Target Practice	7 10:00 Painting 2:00 Bingo	8 2:00 Birthday Party 6:15 Pub Night	9 9:00 to 11:00 Sensory Room 2:00 Physical Games	10 10:30 Pet Visits 1:30 Euchre
11 10:00 Hymn Sing 2:00 Yarn Ninjas	12 10:00 Card Games 2:00 Travelogue	13 2:00 United Church 6:15 Dinner Program	14 10:00 Maker's Club 2:00 Bingo	15 10:00 Jeopardy 10:30 Roman Catholic Mass 2:00 Gentle Therapy	16 10:00 Card Sharks 2:00 Name that Tune	17 8:00 Breakfast Program 1:30 Physical Games
18 10:00 Hymn Sing 2:00 Travelling Hot Chocolate Cart	19 10:00 Bible Study 2:00 Butter Tarts and Music Social	20 10:00 Trivia 2:00 Painting	21 9:00 to 11:00 Norview Café 2:00 Bingo	22 10:00 Art 2:00 100 <sup>th</sup> Birthday Party	23 9:00 to 11:00 Sensory Room 12:00 Luncheon 2:00 Happy Hour	24
25	26 10:00 Gentle Therapy 1:30 Country Drive	27 10:00 Good News Stories 2:00 Baptist Church	28 10:00 Name that Tune 2:00 Bingo 6:15 Live Music	29 10:00 Mind Busters 2:00 Physical Games	30 12:00 Luncheon 2:00 Live Music	31