

February 2026 Norfolk Pinery Activities with Lynsey

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Hymn Sing 2:00 Euchre Club	2	3 10:00 Craft 2:00 Bingo	4 10:00 Bell Choir 2:00 You Be the Judge	5 10:00 Bible Study 10:00 Table Games	6 10:00 Sing-along 2:00 Music with Doug	7
8	9 9:30 Piano Music 10:00 One-to-One's 2:00 Bingo 2:00 Snoezelen	10 10:00 Sing-along 2:00 United Church	11 10:00 Maker's Club 10:00 Craft 2:00 Birthday Party	12 9:30 Resident's Council 10:00 Table Games 2:00 Bell Choir	13 10:00 Postcards of the Past	14
15	16 Family Day 8:00 Breakfast Club	17 9:30 Library Trip 10:00 Choir 1:30 Card Making 1:30 Ball Toss	18 1:00-2:30 Tuck Shop Open	19 10:30 Catholic Mass 2:00 Social	20 9:30 Walking Group 2:00 Bingo	21 8:00 Breakfast 10:30 Piano Gather 1:30 Euchre
22	23 10:00 Jeopardy 2:00 Horse Races 6:15 Pub Night	24 12:00 Luncheon 2:00 Baptist Church 2:00 One-to-One's	25 10:00 Green Thumbs 10:00 Colouring 1:30 Country Drive	26 10:00 Montessori Reading 2:00 Bingo	27 9:00-11:00 Norview Cafe	28 10:30 Table Games 1:30 Happy Hour
Exercise calendars are posted in the resident home area.	One to One visits happens when recreation therapist is present.	Programs are subject to change	Poplar Heights' Recreation Therapist is Lynsey Sendrowski			