Infection Control

Food Safety for Visitors

We know sharing meals and treats with your loved one can be meaningful. To keep everyone safe, please follow these food safety guidelines when bringing food into the home.

Do not bring or share food if you are:

- Feeling unwell with fever, cough, sore throat, vomiting, or diarrhea
- Recently sick please wait at least 48hrs after gastrointestinal symptoms
- Returning from travel and feel unwell or symptomatic

All food should be fully cooked and kept at safe temperatures during transport:

- Hot food above 60 degrees Celsius (can you insert the degrees symbol? ...I can't seem to get it to work)
- Cold food below 4 degrees Celsius (same here)
- Use clean containers

Hand Hygiene is Key:

- Wash your hands before and after handling food, especially when switching between raw and ready-toeat items
- Use utensils to serve food avoid bare hands

RECREATION NEWS

The Recreation Department has packed the month of August full to try and hold on to summer!

Highlights include lots of live musical entertainment at 2pm, including, Terry Carter on August 6th, Archie on August 13th, Jeff Dawdy on August 27th, Tia McGraff and Tommy on August 28th, and the Carillon Belles Choir on August 29th!

Other Special events include Track and Field Day on August 5th at 9:30am, Retro Ice Cream Booth on August 7th at 2pm, Bowling Tournament August 21st at 1:30pm, Whole Home Bingo August 27th 10am.

All large programs are scheduled to take place in the center courtyard and loved ones are always welcome and encouraged to join in the fun!

Check out the individual home area calendars posted on the units and on the Norfolk County website for more fun summer activities!

Please note that all programs are subject to change based on weather conditions and/or outbreak status of the home.



Volunteering at Norview Lodge

Our volunteers help in a variety of ways, and we want to work together with our volunteers to determine in what capacity they want to volunteer. The options are limitless because each volunteer brings with them their own interests, skill sets and experiences. There is no set time requirement for volunteering, it is based on the volunteer's availability. We have volunteers that come in 2-3 times a week and others who come in once a month.

How do I get started?

Please look to our Norview Lodge website under Careers and Volunteering and you can fill out an online volunteer application. You can also come to Norview Lodge and pick up an application at reception.

What age do I need to be to start volunteering?

We start taking volunteers at 14 years of age.



What is the difference between Long Term Care and Retirement Home

Many people use the terms "retirement residence" and "longterm care home interchangeably. They are, however, very different, and it's important to understand those differences.

One key difference is that long-term care homes provide 24-hour nursing care and supervision to their residents, whereas retirement homes only provide medical care if it is included in a resident's "plan of care". The plan of care is determined when the resident begins his/her stay at the retirement home. Every plan of care must be approved by a person with the required expertise in providing care, and the resident can request that the assessment be completed by an external provider.

Another difference is that Long-term care homes are subsidized by the government. That is, the government pays the cost of nursing, food and some personal care options for the residents. However, residents are still responsible for paying a co-payment for accommodation fees, with private accommodation costing more. The accommodation fees increase annually, typically on July 1st.

Retirement homes, on the other hand, are not subsidized by the government. A new resident is required to sign a lease, and the landlord of a retirement home is subject to the rental laws listed in the *Residential Tenancy Act*. Residents will also be responsible for any additional care expenses, and these can increase monthly costs by hundreds, or even thousands, of dollars.

The application process is also different in that a person can apply directly to a retirement home to determine if the retirement home has any available apartments whereas wait lists for Long Term Care are managed by Ontario Health at Home. Long Term Care Homes tend to have lengthy wait lists where retirement homes are often a shorter wait or may even have some short-term beds available for respite. Due to this lengthy wait list, an applicant to Long-Term Care must qualify and this is done through an assessment with an assigned Ontario Health at Home Care Coordinator.

Ontario Health at Home can be contacted at 1-800-810-0000 to answer any questions related to Long Term Care or community resources.