

# Back to School Swimming

at the Annaleise Carr Aquatic Centre



**Registration Opens:** Tuesday, August 5 at 12 p.m.  
Register online at [NorfolkCounty.ca/ENCORE](https://NorfolkCounty.ca/ENCORE) or by calling 519-426-5870 extension 2233#

Course Name	Days	Start	End	Time	Fee
<b>Starfish (previously Squirts A) 4 to 12 months</b>	Tuesday	September 2	September 23	10:20 - 10:50 a.m.	\$30.40
	Wednesday	September 3	October 1	10:30 - 11:00 a.m.	\$38.00
	Wednesday	September 3	October 1	2:45 - 3:15 p.m.	\$38.00
	Sunday	September 7	September 28	11:00 - 11:30 a.m.	\$30.40
<b>SeaTurtle/ Sea Otter (previously Squirts B/C) 12 to 36 months</b>	Wednesday	September 3	October 1	11:00 - 11:30 a.m.	\$38.00
	Wednesday	September 3	October 1	3:15 - 3:45 p.m	\$38.00
	Thursday	September 4	October 2	10:20 - 10:50 a.m.	\$38.00
	Sunday	September 7	September 28	11:30 a.m. - 12:00 p.m.	\$30.40
<b>Guppy (previously Squirts D) 2 to 5 years</b>	Tuesday and Thursday	September 9	October 2	5:00 - 5:30 p.m.	\$53.20
<b>Preschool A 3 to 5 years</b>	Tuesday and Thursday	September 9	October 2	5:30 - 6:00 p.m.	\$53.20
<b>Preschool A/B 3 to 5 years</b>	Tuesday and Thursday	September 9	October 2	5:45 - 6:15 p.m.	\$53.20
<b>Preschool B 3 to 5 years</b>	Tuesday and Thursday	September 9	October 2	6:00 - 6:30 p.m.	\$53.20
<b>Preschool C 3 to 5 years</b>	Tuesday and Thursday	September 9	October 2	4:30 - 5:00 p.m.	\$53.20
<b>Preschool D/E 3 to 5 years</b>	Tuesday and Thursday	September 9	October 2	4:30 - 5:00 p.m.	\$53.20
<b>Private:Preschool A-E &amp; Swimmer 1 3+ years</b>	Tuesday and Thursday	September 9	October 2	4:30 - 5:00 p.m.	\$166.60
<b>Private: Swimmer 3 or Higher 6+ years</b>	Tuesday and Thursday	September 9	October 2	5:30 - 6:00 p.m.	\$166.60
	Tuesday and Thursday	September 9	October 2	6:00 - 6:30 p.m.	\$166.60
<b>Swimmer 1 6+ years</b>	Tuesday and Thursday	September 9	October 2	5:00 - 5:30 p.m.	\$60.00
	Tuesday and Thursday	September 9	October 2	5:15 - 5:45 p.m.	\$53.20
<b>Swimmer 2 6+ years</b>	Tuesday and Thursday	September 9	October 2	6:00 - 6:30 p.m.	\$53.20
<b>Swimmer 3 6+ years</b>	Tuesday and Thursday	September 9	October 2	4:30 - 5:15 p.m.	\$53.20
<b>Swimmer 4/5 6+ years</b>	Tuesday and Thursday	September 9	October 2	5:15 - 6:00 p.m.	\$53.20
<b>Swimmer 6/7 6+ years</b>	Tuesday and Thursday	September 9	October 2	4:30 - 5:30 p.m.	\$53.20
<b>Swimmer 8/9 6+ years</b>	Tuesday and Thursday	September 9	October 2	5:30 - 6:30 p.m.	\$53.20

# Drop-in and registered programs starting in September



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## Drop-In Programs

### Indoor Walking Program

Walk to stay active and have fun! Register at the Customer Service Desk. Clean dry running shoes required. **Simcoe Recreation Centre, Multipurpose Floor**

- Mondays, Wednesdays & Fridays
- 9:30 a.m. to 11:30 a.m. and 4:00 p.m. to 5:00 p.m.
- \$2.00 drop-in fee

### FREE Discover Norfolk Walking Group

Discover Norfolk County on guided walks, rain or shine. Pre-registration is recommended in the event of a program change. No pets permitted.

- Thursdays, September 4 to October 30
- 5:30 to 6:30 p.m.
- Free

### September location and dates:

- September 4: Turkey Point
- September 11: Norfolk Sunrise Trail
- September 18: Delhi Rail Trail
- September 25: Long Point Eco Adventures

## Child & Youth

### Mini Sports & More - Port Dover

Instructor-led program for children currently enrolled in kindergarten. Each week, kids will explore different sports and games while building physical literacy through fun, active play. **Port Dover**

- Tuesdays, September 9 to October 14 (excluding Sept 30)
- 5:30 p.m. to 6:30 p.m.
- \$27.25

### Sports & More - Port Dover

This program introduces kids to a variety of sports and games while building physical literacy through active play. It emphasizes teamwork, confidence, and foundational movement skills in a supportive environment. **Port Dover**

- Tuesdays September 9 to October 14 (excluding Sept 30)
- 6:30 p.m. to 7:30 p.m.
- \$27.25

### PA Day Camp - "Goodbye Summer"

Enjoy a fun filled day of trail hiking, outdoor education and games that will have you soaking up the last rays of summer sun. Two locations, **Waterford Community Centre Main Hall or Turkey Point Park.**

- Friday, Sept 12
- 8:00 a.m. to 5:30 p.m.
- \$49.00

## Adult & Senior

### Adaptive Multi-Sports

Everyone is welcome to play, move, and have fun at this inclusive, all-abilities program that offers a variety of sports and games with thoughtful adaptations for individuals living with cognitive or physical limitations. Ages 14 years and older. **Simcoe Recreation Centre Multipurpose Floor.**

- Tuesdays, September 9 to March 31
- 10:30 a.m. to 11:30 a.m.
- \$5.25

### Hearing Clinic

Learn about hearing health, receive basic screenings, and ask questions about hearing aids and accessibility options. **Delhi Friendship Centre**

- Tuesday, September 16
- 12:30 p.m. to 1:30 p.m.
- Free

### Senior's Centre Without Walls - Gab and Games

A fun, phone-based program for seniors that combines lively conversation with light-hearted trivia and games. Connect with others, share a laugh, and keep your mind sharp.

- Tuesdays, September 11 to February 19
- 1:30 p.m. to 2:15 p.m.
- Free

## Pickleball and Badminton

### Badminton

Bring your own racket and birdie or rent them from our gear shop, then enjoy this active, social sport suited for all abilities.

This open drop-in activity offers a fun, non-competitive environment. **Simcoe Recreation Centre Multipurpose Floor.**

- Thursdays, October 2 to May 28
- 7:00 p.m. to 9:00 p.m.
- \$5.25
- Sundays, October 5 to May 31
- 11:00 a.m. to 1:00 p.m.
- \$5.25

### Pickleball Shinny

An Informal "drop in" pick-up game of Pickleball. Participants organize game play themselves. All participants must be registered to participate. Cost is \$5.25 per person. **Simcoe Recreation Centre, Multipurpose Floor**

- Thursdays and Sundays, September 11 to May 30
- 1:00 p.m. to 3:00 p.m.

### Drop-in Pickleball

Pickleball comes to you! Open to all skill levels— this recreational drop-in program is a great way to stay active and have fun. Staff will be on-site to set up the courts, coordinate play, and provide balls. Reserve your spot, pay online in advance. Participants must wear dry, clean running shoes. Bring your own racket.

### Valley Heights Secondary School

- Wednesdays, September 10 to May 27
- 7:00 p.m. to 9:00 p.m.

### Delhi District Secondary School

- Thursdays, September 11 to May 27
- 7:00 p.m. to 9:00 p.m.

### Parent & Child Pickleball Shinny

This all-ages, all-skill level pickleball program offers a relaxed, friendly space for families to enjoy casual games. Check in at the Simcoe Recreation Centre Customer Service Desk before playing. **Simcoe Recreation Centre, Multipurpose Floor**

- Sundays, September 7 to May 31
- 11:00 a.m. to 1:00 p.m.
- \$5.25