

# January 2026 Orchard Grove Activities with Kate and Donna

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Exercise calendars are posted in the resident home area.	One to One visit happens when recreation therapist is present.	Programs are subject to change	Orchard Groves Recreation Therapist is Kate Gallant.	1	2 10:00 Reading 1:00 Bowling 2:00 Bingo 2:00 Snoezelen	3
4	5 10:00 Reminisce and Relax 2:00 Music with Archie	6 10:00 What's in the Box	7 10:00 Bell Choir 1:30 Bus Trip	8 9:30 Resident Council 2:00 Snoezelen 2:00 Bingo D 6:15 Pub Night	9 10:00 Word Games 2:00 Physical Game	10
11	12 10:00 Sing along 2:00 Travelogue	13 2:00 United Church 2:00 Painting 5:30 Dinner	14 10:00 Makers Club 2:00 Yahtzee	15 10:30 Roman Catholic Mass	16 10:00 Green Thumbs 1:00 Bowling 2:00 Bingo	17
18	19 10:00 Reminisce and Relax 2:00 Music with Elvis	20 10:00 Wood Painting 2:00 Ping Pong Bocce	21 10:00 Craft 1:00-2:30 Gift Shop	22 2:00 Bingo	23 10:00 Choir Practice	24 8:00 Breakfast 10:30 Snoezelen 1:30 Euchre
25 9:30 Hymn Sing 2:00 Coffee and Tea Social	26 10:00 Puzzles	27 10:00 Craft 2:00 Baptist Service 2:00 Walks	28 10:00 History 10:00 Table Games 1:00-2:30 Gift shop	29 10:00 Water Colour Painting 2:00 Card Bingo	30	31

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			2:00 Bingo			