

June 2026 Poplar Heights Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	June 1 10:00 Sing a long 2:00 Whole Home Bingo	June 2 10:00 Westlynn Choir 2:00 Trivia	June 3 10:00 Table Games 2:00 Ukulele Music	June 4 9:30 Library Bus Trip 2:00 Slushie Social	June 5 10:00 Green Thumbs 2:00 You be the Judge	June 6
June 7	June 8 10:00 Birthday Party 2:00 Bingo	June 9 2:00 Outdoor Walks 2:00 United Church	June 10 2:00 Music with Terry Carter 6:15 Campfire	June 11 9:00 Euchre 10:00 Resident Council 1:15 Bowling	June 12 9:30 Table Games 10:00 Bible Study 2:00 Birds of Prey	June 13
June 14	June 15 1:30 Bingo 5:00 Supper Program	June 16 10:00 Postcards of the Past 2:00 Maker's club 2:00 Art	June 17 9:00 to 11:00 Cafe 2:00 Music with Tia	June 18 10:00 Reading Group 10:30 Roman Catholic Mass 2:00 Sing a long	June 19	June 20 8:00 Breakfast Club 10:30 Walks 1:30 Word Games
June 21 10:00 Hymn Sing 2:00 Euchre	June 22 10:00 Art 2:00 Bingo	June 23 9:15 Country Drive 2:00 Baptist Church 2:00 Walks	June 24 10:00 Bell Choir 2:00 Music with Archie	June 25 2:00 Slushie Social 6:00 Father's Day Car Show	June 26 9:15 Sing a long 12:00 Barbeque 2:15 Gardening	June 27
June 28	June 29 9:30 Music with Evelyn 10:00 Trivia 2:00 Bingo	June 30 9:30 Hulling Strawberries 2:00 Strawberry Social	Programs are subject to change.	Exercise calendars are posted in the Resident home area.	One to One visit happens when Recreation is present.	Poplar Heights Recreation Therapist is Lynsey Sendrowski